



Tame your craving

Tame your hunger pangs, and deter the urge to give in to your cravings!

Losing weight may be simple with the Trim Slim Shape™ program, but even the most dedicated person will suffer a craving or two. And if you are like most people, once you start eating sweets, you often can't stop. You end up wrecking your weight loss and weight management goals. Is it possible to indulge every now and then, AND keep your weight on track? Yes! With ViSalus Deter-Mints™!

ViSalus Deter-Mints™ work in 3 unique ways to help you gain control of your cravings, and help you keep the weight off.

1. They work fast to help fool your taste buds (for up to 20 minutes) so you won't crave sweets! That chocolate cake, piece of candy, or scoop of ice cream will no longer appeal to your taste buds, so why eat it?
2. They help elevate mood, and calm craving urges. Many people snack when they are feeling a little sad, or stressed when they are feeling bored or anxious. Deter-Mints™ have a unique combination of scientifically based ingredients to help you feel great, and help keep you from snacking and wrecking good eating habits.
3. They help you feel full longer, so you can make better food choices.

What's in Deter-Mints?

1. A patent pending blend of scientifically based ingredients that work quickly, and provide long lasting support to help you stay on track..
2. Hoodia - specially processed for ViSalus, from the African Hoodia cactus. The scientific literature suggests it will help you feel full, longer.
3. Gymnema Sylvestris - an Ayurvedic herb that helps maintain healthy blood sugar levels, so you can resist the urge to snack.
4. A blend of nutrients that help support mood, and soften the urge to give into your cravings.

SUPPLEMENT FACTS

Serving Size: 1 chewable tablet

| Ingredient | Amount | % Daily Value |
|---|--------|---------------|
| Proprietary Deter-Mints™ Blend | 400 mg | * |
| Hoodia Extract (Hoodia gordonii)(aerial), DL-Phenylalanine, GABA, 5-Hydroxytryptophan and Gymnema Extract (Gymnema sylvestre)(leaf) | | |
| Calories (Lemon Pomegranate) | 6 | |
| Calories (Wintergreen) | 8 | |
| Total Carbohydrates | 2 g | <1% |
| Sugars | 2 g | |

Other Ingredients: Sugar (Sucrose), Natural and Artificial Flavors, Microcrystalline Cellulose, Stearic Acid, Acesulfame Potassium, Silicon Dioxide, Sucralose and Magnesium Stearate.

Allergen Warning: Manufactured on equipment which processes products containing milk, egg, soybeans, wheat, shellfish, fish oil, tree nuts, and peanut flavor.

Enjoy up to 1–3 servings per day.

Keep in a cool dry place.

*Percent Daily Values are based on a 2,000 Calorie diet.

** Daily Value (DV) not established.

How do I use Deter-Mints?

1. Chew a Deter-Mint™ when your craving starts. You will stop the urge and will not give in!
2. After you've had a little bit of sweets, but want more, have a Deter-Mint™ and stop eating with unbelievable will-power.
3. Make a habit of having a Deter-Mint™ in between meals and you won't even think about enjoying sweets.

Did you know...

We eat 3 times more sugar each day than we do favorite vegetables (lettuce, tomatoes, carrots, broccoli) combined? The average adult eats 156 lbs. of sugar per year (about 8 oz per day), but only 28 lbs. of lettuce (1 oz. per day on average), or only 3 lbs. of broccoli per year? If you are like most adults, 85% of our cravings are for sweets.