



Transform your Life with the ViSalus Body by Vi™ 90-Day Challenge

Want to lose weight, tone up, or just get healthy? Join the Body by Vi™ 90-Day Challenge, and you will not only help yourself, but others too.

Many of us are looking for a simple solution, an easy way to get in shape! Most of us have tried fad diets that left us bored, hungry, or spending hundreds of dollars on special foods. Or we bought exercise videos that didn't tell us anything about nutrition and aren't targeted to special needs.

Now, ViSalus™ has created Body by Vi™, combining our unique and life transforming products along with our online and offline support tools. No one else can offer the same comprehensive program that includes a simple nutritional plan with recipes, menus, exercise tips and programs, and online community support. If you'd rather not get weighed in public, or eat expensive foods, or be forced to go to the gym, this is the program for you.

Body by Vi™ includes all of the tools, support, and products you need for an entire month! Our program allows you to join others online and learn exercise tips, recipes, menu planning and more. No one else provides the powerful combination of nutrition, support, education, and exercise like ViSalus™!

1. 30 days and 60 meals of fun, flavorful, body-shaping energy! Includes our Shape-Up™ Health Flavor Mix-Ins, so you can personalize your shake flavors with powerful nutrient benefits and rich flavor.
2. Nutritional support to help you curb hunger, burn fat, and feel great from head to toe.
3. Optimal support with a robust Omega Vitals blend that supports heart health, cognitive function, joint health, and more!
4. Healthy energy and hydration, to help your body fight fatigue and stay energized.
5. Online and offline tools to help you stay on track, meet new friends, learn new ways to eat, and get all the support you need at your fingertips anytime day or night!

KITS TO FIT EVERY BUDGET

Balance Kit Only \$49
Save \$28 off normal retail prices.

Shape Kit Only \$99
Save \$45 off normal retail prices.

Core Kit Only \$199
Save \$88 off normal retail prices.

Transformation Kit Only \$249
Save \$100 off normal retail prices on all of the products included, and get maximum nutritional support.

See reverse for kit contents.

The Challenge is simple; the results are Transformational:

1. Join the challenge online, register today!
2. Get our specially priced Body by Vi™ Transformation kit – One kit lasts 30 days, and has 60 meals!
3. Have others join, and get your product free! Work out together, and keep on track.
4. Send us your before and after pictures, your testimonial and enter to win prizes!

Simply use the products twice a day, whether you exercise or not, and you'll be amazed at how fast you can transform your life with ViSalus™!



Balance Kit

\$49

The "Balance" kit is designed to help your body get good nutritional balance, and begin your journey.

Vi-Shape® Nutritional Shake Mix:

Help shape your body with perfect nutrition. 30 servings, so you can be assured you get a healthy way to start your day.

Shape-Up™ Health Flavor Mix-Ins:

Add to your shake for fun, variety, and health benefits! With five flavors, you can mix and match for almost infinite variety, fun, and extra nutrition each meal! (5 servings)

Access to our online "Health Membership":

An online system to help you get nutritional information, create recipes and menu plans, watch exercise videos, track and monitor your progress, and connect with others for learning and support.

Shape Kit

\$99

The "Shape" kit helps you to see results you help shape your body.

Vi-Shape® Nutritional Shake Mix:

Help shape your body with perfect nutrition. 60 servings.

Shape-Up™ Health Flavor Mix-Ins:

Add to your shake for fun, variety, and health benefits! With five flavors, you can mix and match for almost infinite variety, fun, and extra nutrition each meal! (10 servings)

Access to our online "Health Membership":

An online system to help you get nutritional information, create recipes and menu plans, watch exercise videos, track and monitor your progress, and connect with others for learning and support.



Core Kit

\$199

Designed for the active lifestyle, the ViSalus™ "Core" Kit provides essential products from ViSalus, all at an affordable price.

Vi-Shape® Nutritional Shake Mix: Help shape your body with perfect nutrition. (30 servings.)

Shape-Up™ Health Flavor Mix-Ins: Add to your shake for fun, variety, and health benefits! (5 servings)

ViSalus NEURO™ Smart Energy Drink Mix: Two great flavors, one powerful way to get energy for your brain and body, without the jitters or high caffeine of 'average' energy drinks! Mixes into any beverage to help you get on-the-go nutrition and energy support. (30 servings)

Vi-pak® complete health system: Molecularly-distilled Omega Oils; chelated Multi-Mineral & Vitamin with benefits from glutathione, resveratrol, and more; Supercharged Antioxidant to help protect your cells from aging with a powerful blend of 26 of nature's richest sources; and our patented Anti-Aging & Energy formula to help support cellular repair. (30 servings)

Access to our online "Health Membership": An online system to help you get nutritional information, create recipes and menu plans, watch exercise videos, track and monitor your progress, and connect with others for learning and support.

Transformation Kit

\$249

The "Transformation" kit is packed with the ultimate in shaping and nutritional ingredients to help you see and feel maximum results.

Vi-Shape® Nutritional Shake Mix: Help shape your body with perfect nutrition. 60 servings.

Vi-Slim® Metab-Awake Tablets: Nutritional support to help you burn fat faster, without jitters or stimulants. (30 servings)

Vi-Trim® Clear Control Drink Mix: Add to your shake or any beverage to keep hunger at bay and help prevent diet sabotage. (30 servings)

Shape-Up™ Health Flavor Mix-Ins:

Add to your shake for fun, variety, and health benefits! With five flavors, you can mix and match for almost infinite variety, fun, and extra nutrition each meal! (10 servings)

Omega Vitals™: Help your joints, your skin, your hair, your heart and every cell in your body with our exclusive blend of life enhancing oils, including evening primrose, pumpkin seed, and molecularly distilled fish oils. (30 servings)

ViSalus NEURO™ Smart Energy Drink Mix: Get healthy energy, help your walks or your workouts, and stay focused without high caffeine or the jitters other energy drinks can provide. Nutrition for body and your brain! (30 servings)

Access to our online "Health Membership":

An online system to help you get nutritional information, create recipes and menu plans, watch exercise videos, track and monitor your progress, and connect with others for learning and support.

Program Guide: Full of recipes and information, a journal to track your success, and other information to help you get started.